

$$A = \pi r^2$$

concoctions

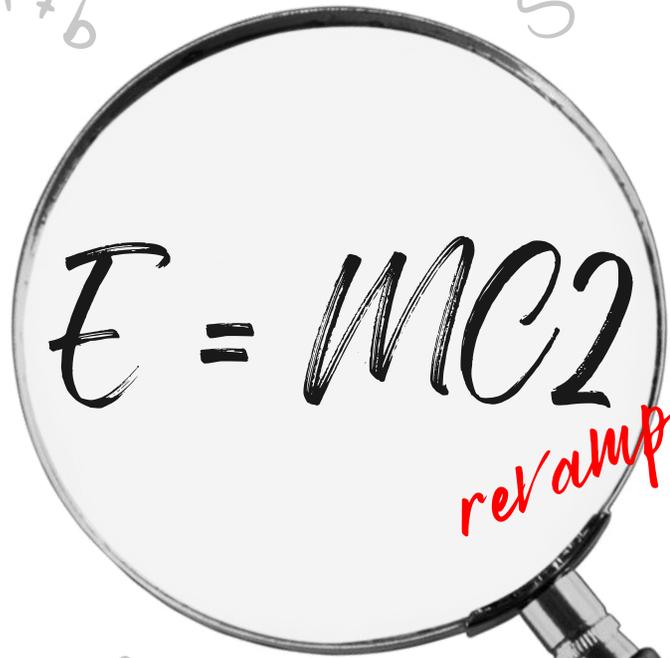
gung-ho

Andrei Makhnach

$$y = mx + b$$

preponderance

$$S = \frac{d}{t}$$



revamped

$$a^2 + b^2 = c^2$$

$$F = \frac{Gm_1m_2}{r^2}$$

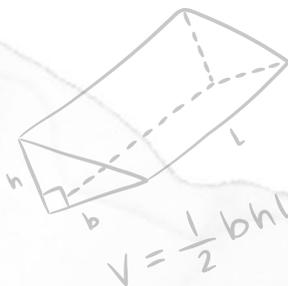
contraption

$$M = \left( \frac{x_1 + x_2}{2}, \frac{y_1 + y_2}{2} \right)$$

discombobulated

$$ax + by = c$$

fait accompli



English with Makhnach taking you to C2

**E = MC<sup>2</sup>**



**01**

Until My Dying Day  
4

**02**

Time Matters  
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**8 Look at the bold expressions in the texts in Exercises 5 and 7 and write them down next to their definitions.**

1. very enjoyable
2. the process of decomposition
3. to become larger
4. to hang loosely through lack of strength
5. to think carefully
6. a bubbling sound like that made by water running out of a bottle
7. twisted out of shape
8. completely unknown
9. a rapid succession of short sounds

**9 Complete the following questions with the correct form of the words in Exercise 8.**

1. Do you like babies who lie in their cots and ..... at you happily?
2. Do you have any inkling of when and why a person's pupils .....?
3. When did you last have a really ..... time? What was the occasion?
4. What two supernatural phenomena, which are largely ....., would you like to finally comprehend?
5. How often do you find yourself ..... human stupidity? What is your definition of stupidity?
6. Do you think ..... snakes are really as dangerous as they are portrayed?
7. Why do you think public healthcare has been in ..... for such a long time?
8. Which is less unattractive to you in someone's appearance – ..... teeth or ungroomed nails?
9. Would you start going to the gym if you noticed that your muscles .....?

**10 Answer the questions in Exercise 9.**



**11 Listen to a general practitioner, Dr. Ford, speaking about WHAT DYING FEELS LIKE and answer the following questions.**



1. Why do a significant number of dying people feel the urge to go to the toilet?
2. What is the natural cause of the depression that some people feel before death?
3. What does the doctor describe with the expression "shrouded in mystery"?

**12 Are you surprised by any information mentioned in the interview?**



**3** You are going to listen to an interview with Laura Vanderkam, author of “Off the Clock”, in which she discusses the main principles of achieving “time freedom”. Before you listen, choose the ending for the following sentences which best describes your standpoint and explain your choice. After that, listen to see if your choices are the same as Laura’s opinions.

- Most of us are really busy,**  
A. and that’s why we lack free time.  
B. but, as a matter of fact, we have plenty of time.
- If you are relaxed about time,**  
A. it gets out of your control.  
B. you can control it better.
- If you say you have no time,**  
A. you aren’t telling the truth.  
B. then there are extenuating circumstances.
- People agree to do something less readily when**  
A. the deadline is miles away.  
B. a task is expected to be done soon.
- One of the suggestions about how to clear your calendar for the next week is to**  
A. stop adding new appointments after Friday afternoon.  
B. prioritise your plans and arrangements more effectively.
- Savouring time means**  
A. a combination of pleasure and moments.  
B. purposely having a lot of free time.



**4** What do you think of Laura’s viewpoints on time and her practical advice?



**5** Listen to the interview again and say in what context the expressions given in Exercise 1 were used.

## TIME Phrases

**6** In the interview, Laura says that “we find ourselves with *no time on our hands*”. What do you think she means?

**7** Read the following sentences which all contain expressions with the word TIME and choose the right option.

- I managed to squeeze in an appointment with my hairdresser *just in the **speck** / **nick** of time* before my hair was a total mess.
- I always have to work **against** / **through** time to meet all my deadlines before I go on holiday.
- I’m single **for** / **since** *the time being* and I’m already starting to worry that I won’t find a partner.
- After they find out I’ve **done** / **made** time, nobody wants to employ me.
- I’d resign from work *in next to* **short** / **no** time if I won the lottery.
- As soon as I have some *time* **in** / **on** my hands, I’ll start learning another foreign language.
- I **have** / **save** no time for his moods any more. I’m going to dump him tomorrow.
- Astrology has existed *since time* **memorable** / **immemorial**, so why do we dismiss it as something less important than religion?
- Many’s **the** / **a** time that I’ve made the same mistake of lending people money.
- If I happen to arrive at an airport *with time to* **waste** / **spare**, the first thing I do is go to the nearest perfumery.
- The idea of the European Union is so **behind** / **before** *the times*! We should find something more effective to unite the nations.
- Everyone criticises me for not wanting to have children. *Time will* **tell** / **show** whether I’ve made the right decision or not.

## Grammar

### Dependent Prepositions

**16** In the dialogue, one of the ladies said that a deterministic paradigm is not incompatible ..... an experiential one. Do you remember what preposition she used?

**17** Choose the right preposition, then answer the questions.

1. How long does it usually take you to get over someone you were **besotted in / at / with**?
2. What are you particularly **critical on / of / about** when it comes to other people's behaviour?
3. Do people in your country still practise becoming **betrothed to / in / with** their partners before tying the knot?
4. What verbal and non-verbal cues help you realise that someone is **dishonest with / to / of** you?
5. They say that once you visit Paris, you'll remain **enamoured in / to / of** it for good. Do you agree?
6. Do you give people who have been **disloyal with / of / to** you a second chance, or do you cut them out of your life?

**18** Go to page 81 to learn more about dependent prepositions.



**19** Many psychologists claim that it is the inability to hold a deep conversation with your friend or partner that often leads to either a breakdown in communication or a breakup of the relationship. Do you agree? Are you capable of having deep conversations with those close to you?

**20** Read the following text and say why sharing, listening and relating are essential to having a strong relationship.

## The Skill of Holding a Deep Conversation

People who are extremely good at holding deep conversations can make you feel like you've known them for months when you've only just known them for a couple of hours. The ability to hold deep conversations is single-handedly the most powerful skill in terms of building close relationships with other people. This skill will drastically improve your success in areas like dating, making quality friends and networking. In order to hold a deep conversation, three things need to happen.

### Sharing

Most of us are too shy to share our opinions or emotions as we are vulnerable and afraid of being laughed at. But if you learn to share, this feeling will eventually dissipate and make you a stronger person who knows their worth.

### Listening

Listen to someone as if you are watching a movie. Also, ask questions to help the speaker elaborate on the details of what they are speaking about. In fact, people appreciate others' ability to listen, as the need to be heard is intrinsic to each and every one of us.

### Relating

Identify which emotion the person who is speaking to you is trying to convey. Try to relate to that by sharing something similar. This brings both of you closer to each other automatically.

**12 Fill in the following sentences with ONE word (in the correct form) which is a part of the expressions in Exercise 11.**

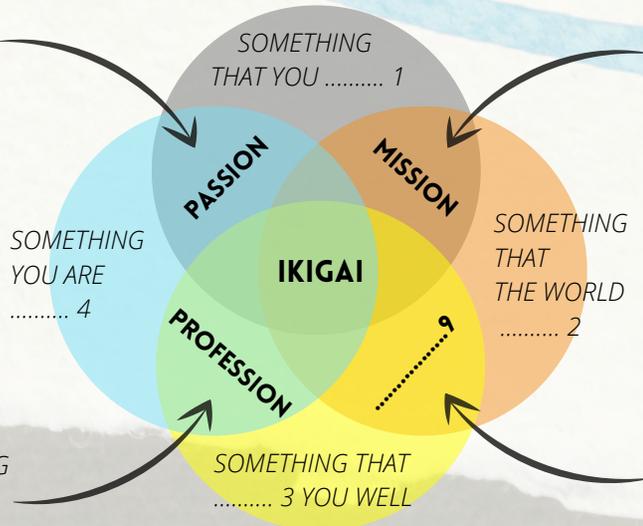
1. What skills are you currently .....? What do you want to ..... by doing that?
2. Does continuous improvement make you happy? What factors ..... your personal improvement? How do you fight with your distractions?
3. People say that real success in your career does not lie in working ....., but in your ability to pretend to work hard. Do you agree?
4. Describe a time when you ..... into the bad habit of doing something and how you got yourself out of it.
5. Do you agree that anything that sounds fantastic from the ..... is just too good to be true?
6. Do you agree that because, as humans, we are ..... to respond positively to visually appealing stimuli, we treat beautiful people more leniently if they've done something wrong?
7. Which of the following would put you into a state of .....?  
 - a French éclair  
 - a trip to the seaside  
 - the smell of blooming lilac in May  
 - a new pair of shoes
8. Why do you think men have a different ..... on what women find romantic?



**13 Listen to a podcast about the Japanese formula for happiness known as IKIGAI and complete the table, following the steps from 1 to 10.**

YOU NEED TO  
FOCUS ON  
HOW TO ..... 5

YOU NEED TO  
FOCUS ON  
HOW TO ..... 6



YOU NEED TO  
..... 7  
AND FIND SOMETHING  
YOU ..... 8

YOU NEED TO  
CONSTANTLY  
..... 10

**14 Answer the questions.**

1. What do you think of the Ikigai concept?
2. Where are you in the Ikigai table? What conclusions do you draw from looking at your position in the table? What exactly do you need to work on to achieve Ikigai?
3. Do you know anyone who has attained Ikigai? Tell their story.



**15 Listen to the podcast again and say in which context the expressions in Exercise 11 were used.**

## UNIT 8

## FRIENDS



### 1 Read the questions below. What do the bold words mean?

1. When was the last time your friend showed signs of unhealthy **one-upmanship** towards you? What happened?
2. Have you ever caught a friend **calumniating** you? What did you both do?
3. Do you feel **burdened** by your friendship; not being entirely yourself?
4. What kind of **snide** remarks do your friends make about you?
5. Has a friend ever **ghosted** you? How did you feel? Did you find out the reason?
6. What sort of **grudges** do your friends **hold against you**? And you?
7. Have any of your friends ever tried to **micromanage** you? What was the scenario?
8. Are any of your friendships **teetering on the edge of** collapsing? What led to it?
9. Do you agree that if two friends don't fully trust each other, their friendship will never **solidify**?
10. Do any of your friends **smother** you? What do they do? Do you feel emotionally **drained**, or is it all right with you?

### 2 Think of a few close friends of yours, then answer the questions in Exercise 1.



3 Listen to a psychologist describing ten signs one may have a toxic friend. Say which signs refer to which questions in Exercise 1.



4 Listen to the psychologist again and say what each sign is about by giving examples.

5 Do you think you have toxic friends? Which of the signs mentioned by the psychologist do they have?



## UNIT 9

# THE FRUIT OF THY WOMB



**1 Answer the following questions according to the group you belong to. You can answer both.**

**If you have kids...**

- Why did you decide to have children?
- Do you agree with people who say that having one child is very selfish?
- How did your life change for the better after your kid(s) arrived?
- How did it change for the worse?
- Do you think you understand your parents more now that you have your own children?
- What will you try to instil in your children that your parents didn't? And vice versa?
- Some people say that they live only for their children. Do you?
- How rational is it to give your children what you didn't get as a child? Do you think they really need what you didn't have?



**If you don't have kids...**

- Can you imagine your life with / without kids?
- How much do you like other people's children?
- Why do you think society tends to stigmatise those who refuse to have children?
- How many children would you like to have? Why?
- What do you think of families with very many children?
- Did you have a happy childhood?
- Why do you think one of the most favourite topics for discussion during big family gatherings is about asking you when you're going to have a child?
- What's your viewpoint on abortion?
- Should all people TRY to have a child?



**2 Answer the questions.**

1. Do you think not wanting to have a child is contemptible?
2. What are the pros and cons of (not) having children?
3. Should we expect our children to look after us when we become old?
4. How do you think your parents would react if you told them you didn't want to have children?